

San Francisco Free Medical Chart January-March 2012

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Adults; Teens; Seniors; Children; Women; Men; Everyone

Urgent Care†	TB Testing	Pregnancy Test	STD Testing	STD Treatment	HIV Testing	HIV Treatment	Dental	Podiatry	Transgender	Immunizations	Women's Health	Family Health	Mental Health‡	Prenatal Health†	Primary Care	
Central Health Centers																
☒	WT		☒	☒					WT	AT	☒	WT	☒			San Francisco General Hospital. 1001 POTRERO AVE (at 23rd St). 206-8000. For SF residents. \$0-full bill. Call for appt. M-F 8:30am-5pm; closed holidays. Patient Advocates 206-5176. Cantonese, English, Mandarin, Russian, Spanish, & Vietnamese. Other languages available. ☒
☒	☒	WT	☒	☒	☒	☒	☒	☒	☒	WT	☒	☒	WT	☒		South of Market Health Center. 229 7TH ST. (bet. Howard & Folsom). 503-6000. Sliding scale (free for homeless). Call M-Th 8am-5pm, FSa 8am-3:30pm for medical appointment & 503-6033 for dental appointment. Cantonese, English, Mandarin, Spanish, & Tagalog. ☒
A	A		A	A	A	A	A	A	A	A	A	A				Tom Waddell Clinic. 50 IVY ST (bet. Van Ness & Polk). 355-7400. \$0-full bill. Primary care is for homeless chronically ill people who live in the area. Come in or call 355-7500 for appt. M-F 8am-5pm. Drop-in: [1] Urgent Care Clinic M-F 8am-6pm; Sa 8:30am-4:30pm. [2] HIV or Transgender intake Tu 2-4pm. [3] Dental Clinic (6 people seen; homeless only) MTh 7am (doors open 8am). [4] TB Tests M-F 9-11am, 1-3pm, Sa 9am-4pm. English & Spanish. ☒
District Health Centers																
☒	☒	WT	☒	☒	☒	☒			☒	WT	AT		WT	☒		Maxine Hall Health Center. 1301 PIERCE ST (at Ellis). 292-1300. \$0-full bill. Call 206-7816 M-F 8am-4:30pm for new patient appts. Drop-in: call for info. Smoking cessation & nutrition classes available. Cantonese, English, Mandarin, Spanish, & Tagalog. Other language interpreters available. ☒
Neighborhood Clinics																
☒	☒	WT	☒	☒	☒				☒	☒	AT	☒	☒			BAART Community Health. 433 TURK ST (bet. Larkin & Hyde), 620 STEVENSON (at 7th). 863-3883 M-F 6am-2pm. 928-7800. \$0-full bill. M-F 7-10:45am, noon-3pm (except W 7am-1pm). Drop in or call for an appointment. English, Spanish, & Tagalog. ☒
																Curry Senior Center. 333 TURK (near Leavenworth). 885-2274. \$0-full bill. For Tenderloin-SOMA residents 55+. Call for appt. M-F 8am-5pm. Substance abuse clinic & case management. English & Spanish. For Cantonese, Laotian, Mandarin, Russian, Tagalog & Vietnamese, call for day & time. ☒
	☒	WT	T	T	☒	☒	☒		☒	WT	AT	T	WT	☒		Mission Neighborhood Health Center. 240 SHOTWELL ST (at 16th St). 552-3870. Sliding scale (free to homeless). Call for appointment MTuThF 8:30am-5pm, W 9:30am-8:30pm. English & Spanish. ☒
☒	☒	WT	☒	☒	☒	☒	☒		☒	WT	AT	☒	WT	☒		North East Medical Services. 1520 STOCKTON (bet. Green & Union), 1450 NORIEGA (at 22nd Ave.), 82 LELAND (bet. Alpha & Desmond) or 2574 SAN BRUNO (bet Burrows and Felton). 391-9686. Sliding scale (outpatient medical services free to homeless). Call for appt. M-F 8:30am-5:30pm, Sa 8:30am-5pm; pediatrics & optometry available. Cantonese, English, Korean, Mandarin, Spanish, & Vietnamese. ☒
A			A	A	A	A	A							A		Sister Mary Philippa Health Center. 2235 HAYES ST, 5TH FLOOR (bet. Stanyan & Shrader). 750-5500. \$0-full bill. Call for appt. M-F 8:30am-4:30pm. Cardiology, rheumatology, orthopedics, surgery, advice nurse, social services, nutrition, diabetes education & pharmacy available. Cambodian, Cantonese, English, Mandarin, Spanish, & Vietnamese. ☒
☒	☒	WT	☒	☒	☒	☒	☒		☒	WT	AT	☒	WT	☒		Southeast Health Center. 2401 KEITH ST (bet. Armstrong and Bancroft). 671-7000. \$0-full bill. Call for appt. M-F 8am-5pm. Drop-in: M-Th 12:30pm. MediCal applications by appt. Call about: optometry; smoking cessation; acupuncture; health education & counseling for grandparents who are primary caretakers of grandchildren; diabetics; those with family problems or those in need of geriatric or pediatric counseling; COPD better breather classes. English & Spanish. Some Cantonese & Mandarin. Other languages via telephone interpreter. ☒
Outreach Clinics																
						W		W							W	A Woman's Place. 1049 HOWARD ST (bet. 6th & 7th Sts). 487-2140. Free. For women (or MTF transgender). Entrance is around the corner on Russ St. Drop-in: Doctor on duty Tu 10am-1pm & 3-6pm, Th 1:30-5pm. Substance abuse program, HIV program, support group & case management available M-F 8-10am & 11:30am-4pm. ☒
☒																Martin de Porres. 225 POTRERO AVE (bet. 15th & 16th Sts). 552-0240. Free. Th 12-2pm nurse practitioner; 12:30-2pm, health education, referrals, over-the-counter medications. English & Spanish. ☒
☒	☒	WT	☒	☒	☒	☒	☒	☒	☒	WT	AT	☒	☒			Mission Neighborhood Resource Ctr. 165 CAPP ST (bet. 16th & 17th). 869-7977. Free for homeless San Franciscans. Drop-in: Nurse Practitioner or doctor M-F 8:30am-12pm & M-Th 2-5pm; HIV rapid test Tu 2-5pm; Homeopathy Tu 9am-12pm. Showers, lockers, laundry, case management & support groups available. English & Spanish. ☒
☒																San Francisco Day Labor Program. 3358 CESAR CHAVEZ (bet. Mission & S. Van Ness). 252-5375. Free. Drop-in: Tu 9-11am, medical care. First 20 people are seen. Preference given to day laborers. Job referrals M-F 6:30am-1pm, Sa 6:30am-noon. English classes available. English & Spanish. ☒
Other Clinics																
A	A			☒					A	W		A	A			Glide Health Services. 330 ELLIS ST, 6TH FLOOR (bet. Taylor & Jones). 674-6140. \$0-full bill. For San Francisco residents 18 or over. Call for appt. M-F 8:30am-5pm, or drop-in M-W 8:30am & MWTh 12:30pm; acupuncture M 9-10:45am (women), 11:15am-1pm (men); mental health MW 8:30am. Confidential HIV oral rapid tests, hepatitis & breast cancer screening, case management, diabetes, hypertension, smoking cessation & substance abuse services. ☒
			☒									☒	☒			Haight Ashbury Free Clinics - Walden House. 1735 MISSION STREET (at 13th St). 226-1775. \$0-full bill. Call for an appt. M-F 9am-5pm. Substance abuse treatment; acupuncture. ☒
☒	☒	☒	☒						WT	AT		☒	☒			Haight Ashbury Free Clinics - Walden House. 558 CLAYTON ST (at Haight). 226-1775. \$0-full bill. Call for an appt. M-F 9am-5pm. Substance abuse treatment; case management if homeless &/or HIV+. English & Spanish. ☒

† Primary Care clinics provide full medical services including screening & referral.
Urgent Care clinics provide limited medical services including screening & referral.

‡ Clinics that provide only mental health services, health education & substance abuse programs are not included on this chart.

In case of emergency, call 911.

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Urgent Care†	TB Testing	Pregnancy Test	STD Testing	STD Treatment	HIV Testing	HIV Treatment	Dental	Podiatry	Transgender	Immunizations	Women's Health	Family Planning	Mental Health‡	Prenatal Health‡	Primary Care†	
Other Clinics																
T	T	T	T	T	T	T			T	T	T	T				Huckleberry's Cole Street Clinic. 555 COLE ST (at Haight). 751-8181. Free for homeless youth, others call for info. Ages 12-24; if 12-18 & not homeless, parental consent is required for all primary care services. Call for appt. MTuWf 9am-5:30pm, Th 2-6pm. Drop-in: Th 2-6pm. Call 386-9398 for case management, therapy, & peer health education. Cantonese, English, & Spanish.
T	T	T	T	T	T				T	T	T	T				Larkin Street Youth Clinic. 1138 SUTTER (bet. Larkin & Polk). 673-0911. Ext. 259. Youths 12-24. Free for those on MediCal or HealthySF. Call M-F 9am-5pm, Tu 11am-5pm. Same-day appt. for some services. Drop-in: M-F 9:30am-1pm & 2-5pm. English & Spanish.
	WT	WT	WT	WT	WT	WT			WT	WT	WT	WT			WT	Lyon-Martin Health Services. 1748 MARKET ST, SUITE 201 (bet. Gough & Octavia). 565-7667. \$0-full bill. Women & all transgender welcome. Call for appt. MW 11am-7pm, TuF 9am-5pm, Th 1-5pm. English & Spanish. Email: info@lyon-martin.org.
	WT		E	E	E				WT	E						New Generation Health Center. 625 POTRERO AVE (bet. 18th & 19th Sts). 502-8336. \$0-full bill. <newgen.ucsf.edu>. Call MWF 9am-5pm, TuTh 10am-6pm for an appt. Drop-in for emergency contraceptives: MWF 9am-5pm, TuTh 10am-6pm. English & Spanish.
E	WT								A	WT	AT				E	San Francisco Free Clinic. 4900 CALIFORNIA ST (at 11th Ave). 750-9894. Free. Serves only the uninsured. Call M-F 1-4:30pm for an appt. in a week. Cantonese, English, Mandarin, & Spanish. Russian & Vietnamese translators available with a week's notice.
	AT	AT		AT			AT		T	WT		AT			AT	St. Anthony Medical Clinic. 150 GOLDEN GATE AVE (at Jones). 241-8320. \$0-full bill. SF residents only. Drop-in: M-F 8-9am or MTuThF 1-2pm (most critical cases seen first). Podiatry clinic Tu 1pm, WTh 8am. Pediatric clinic Tu-Th 8am-noon & 1-4:30pm. Call for orthopedic, allergy & asthma, & nutrition clinics. ASL, Cantonese, English, French, Hindi, Lao, Mandarin, Mongolian, Russian, Spanish, & Thai.
	E	WT	AT	AT	E				AT	E	WT	E			E	St. James Infirmary. 1372 MISSION (bet. 9th & 10th). 554-8494. <www.stjamesinfirmary.org>. Free. For current, former & transitioning sex workers & current primary partners (must come together) and their children 12+. Call 554-9634 M-F 9am-5pm for WTh appointment. Drop-in: Tu 3-6pm, needle exchange; W 6-9pm, medical care. HIV, STI, TB, & hepatitis testing available; also food, clothing, condoms, lube, legal assistance, massage, acupuncture, counseling, harm reduction & support groups. English & Spanish. Cantonese, Korean, Mandarin, Thai, & Vietnamese by appointment.
E	E				E	E	E		E						E	Tenderloin Health. 255 GOLDEN GATE (at Leavenworth). 437-2900. \$0-full bill. For HIV+ SF residents. Call 9am-4pm for intake. HIV/Hep C testing, counseling, & nursing case management available. English & Spanish.
	WT	WT	WT	WT						WT	WT					Women's Community Clinic. 1833 FILLMORE ST, 3RD FLOOR (bet. Bush & Sutter). 379-7800. \$0-full bill. Call for appt. MWTh 1-9pm, Tu 9am-9pm, F 9am-5pm, Sa 9am-1pm. Female-identified or female-bodied welcome. English & Spanish.
Testing Sites																
	WT		E	E	E										WT	City Clinic. 356-7TH ST (bet. Folsom & Harrison). 487-5500. \$10 fee, no one turned away for lack of funds. <www.sfcityclinic.org>. Drop-in (come early!): MWF 8am-4pm, Tu 3-6pm, Th 3-4pm; people with STD symptoms TuTh 1-3pm; Family Planning MWF 8am-3pm, Tu 1-3:30pm, Th 1-3pm, or call 487-5552 for Th morn. family planning appt. HIV early care clinic by appt only. HIV Post Exposure Prophylaxis & emergency contraception available after clinician assessment. HIV testing only if clinician assesses high risk. Cantonese, English, Mandarin, Russian, Spanish, & Tagalog.
					A											UCSF AIDS Health Project. 1930 MARKET (bet Laguna & Buchanan). 502-8378. Donation requested, not required. <www.ucsf-ahp.org>. For rapid HIV testing call Tu-F 11am-4:30pm for appt or drop-in TuWTh 5:45-6:30pm, WThF 11:15am-3:30pm, Sa 9-11:15am. Confidential, anonymous. HIV & risk assessment counseling available. English & Spanish. Other languages by appt.

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‡ Clinics that provide only mental health services, health education & substance abuse programs are not included on this chart.

Odds & Ends

Acupuncture: 1. American College of Traditional Chinese Medicine. 555 DEHARO, RM G, 282-9603. Free **drop-in** ear clinic, MTu 1:30-4:15pm, WTh 9-11:45am.
2. Haight Ashbury Integrated Care Center. 1735 MISSION ST. (at 13th Street). 746-1940. Call for an appointment.
3. Glide Health Services. 330 ELLIS ST, 6TH FLOOR (bet. Taylor & Jones). 674-6140. **Drop-in** Tu 2:30-4pm.
Surgery: Operation Access. 115 SANSOME, SUITE 1205 (at Bush). 733-0052. Free. Call M-F 9am-5pm for information on how to get a referral for free outpatient surgery. English, Portuguese, & Spanish. Other language interpreters available.
MediCal: Many services are available for refugees or people under 21 or over 65, blind, disabled or pregnant. Call 863-9892.

Needle Exchange. Call Syringe Access Services, 241-5100, for times & places. Needle exchange, condoms, abscess care, HIV/Hep C testing, Hep A & B vaccinations, & basic medical services. English & Spanish.
Institute for Health & Healing. 2040 WEBSTER ST (at Sacramento). 600-3681. Free. A free self-help medical research reading room. Call for an appointment TuTh 10am-5pm.
San Francisco Rape Treatment Center. 2727 MARIPOSA, STE 100 (bet. Florida & Bryant). 437-3000. Free. Social workers M-F 8am-5pm (24 hr. crisis intervention, evidence collection & medical care via SF General Hospital Emergency). This is for all 18+ victims including LGBTQQ. Medical & psychological counseling. English, Mandarin, Portuguese, & Spanish.

We'd like your corrections, comments, or additions for our next update. Please call 648-3222. Up to the minute charts available at <http://freeprintshop.org>.

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